



FROM THE BAY TO THE BRIÈRE

La Baule / Saint-Lyphard / Guérande



19.5 km



1 hour 45



Departure: Boulevard de l'Océan - La Baule



Arrival: La Madeleine - Guérande

Characteristics:

- Itinerary on quiet roads and cycle paths
- The La CARENE à Vélo cycle route - From Bréca to La Baule follow: **70**



La Baule Tourist Office (44500)

8, place de la Victoire - Tel. +33 (0)2 40 24 34 44
contact@labaule-guerande.com-
www.labaule-guerande.com/la-baule.html



Brière Tourist Office - Saint-Lyphard (44410)

Village de Kerhinet - Tel. +33 (0)2 40 24 34 44
contact@labaule-guerande.com- www.labaule-guerande.com/le-parc-naturel-regional-de-briere.html

Do you prefer architectural or natural heritage? This is a generous exploration which takes advantage of both dimensions: linking the sea front of La Baule to the Brière marshes, and passing through the surrounding countryside. Discover the wonderful blue and green shades of the passing landscapes, intertwined with the diversity of the architecture in this remarkable and authentic region.



TO SEE ON THE WAY..

• The Etang de Sandun lake

A real reservoir of flora and fauna, many species, especially birds, can be observed here: Little egrets, little owls and common kingfishers.

The lake is now a popular fishing spot. It is also a water reserve used by the adjoining wastewater treatment plant, which supplies drinking water to the Guérande peninsula urban community "Cap Atlantique".

• La Madeleine

Straddling Saint-Lyphard and Guérande, La Madeleine is a recent village built around the church of Sainte-Madeleine. It is named after the patron saint of the afflicted and the lepers: Saint Mary Magdalene, and suggests the presence of a leper colony here in the Middle Ages. Today, a mission cross marks the site of the first village chapel in Tremolu.

• The forest of Escoublac

The Escoublac forest is a 47-hectare pine forest covering a dune, the highest point of which reaches an altitude of 52 metres, making it the second highest coastal dune in France, after the Dune of Pyla. Under the sand of the dune, the old villages of Escoublac are buried. This village had to move to another site to escape the sand blown in by the frequent storms of the late 18th century. The old church in the second village was even completely covered and buried. A stele marks the location of this church in the forest of Escoublac.



FIND OUT MORE...

• The district of La Baule-Les-Pins

La Baule-Les-Pins is a district that we owe to Louis Lajarrige. Until 1922, there was no housing in the entire eastern part of La Baule and it was covered with pine and holm oak trees (planted between 1818 and 1884): this was the Bois d'Amour. A sandy path crossed through this wood, linking La Baule to Pornichet via Mazy. It was given the name "Bois d'Amour" because traditional guinguettes were organised there (the first one around Avenue de Josselin) where lovers would meet... It is also in reference to this wood that the coast was named Côte d'Amour following a survey organised by the local newspaper La Mouette in 1913. After the First World War, the name Côte d'Amour was used in tourist guides. Louis Lajarrige had the dream of founding a garden city in the heart of this wood, which he did in 1922-1923. A competition has been launched to define the urban design of the area. Labbé (Adrien) and Lévêque (Georges Félix) were the architects chosen to make the best of the work proposed by the candidates. The end result was unveiled on 1 July 1923.



CONTINUE ON YOUR WAY..

- Itinerary n°4 "From the thatched cottages to the marshes"
- Itinerary n°5 "From freshwater to salt water"
- Itinerary n°9 "From the medieval city to the marshes"
- Itinerary n°10 "From Salt to the Sea"
- Itinerary n°14 "From the fishing port and the marina to the shipyards"



BIKE RENTAL COMPANIES

- **Mr Chaillou** - 213 Avenue de Lattre de Tassigny - La Baule - Tel. +33 (0)2 40 60 07 06
- **La Baule Locations** - 11 Avenue Georges Clémenceau - La Baule Tel. +33 (0)6 14 64 02 27
- **ADA - Rent La Baule** - 23 Avenue Georges Clémenceau La Baule - Tel. +33 (0)2 40 11 17 00
- **Tourist Office** - Village de Kerhinet - Saint-Lyphard - Tel. +33 (0)2 40 24 34 44





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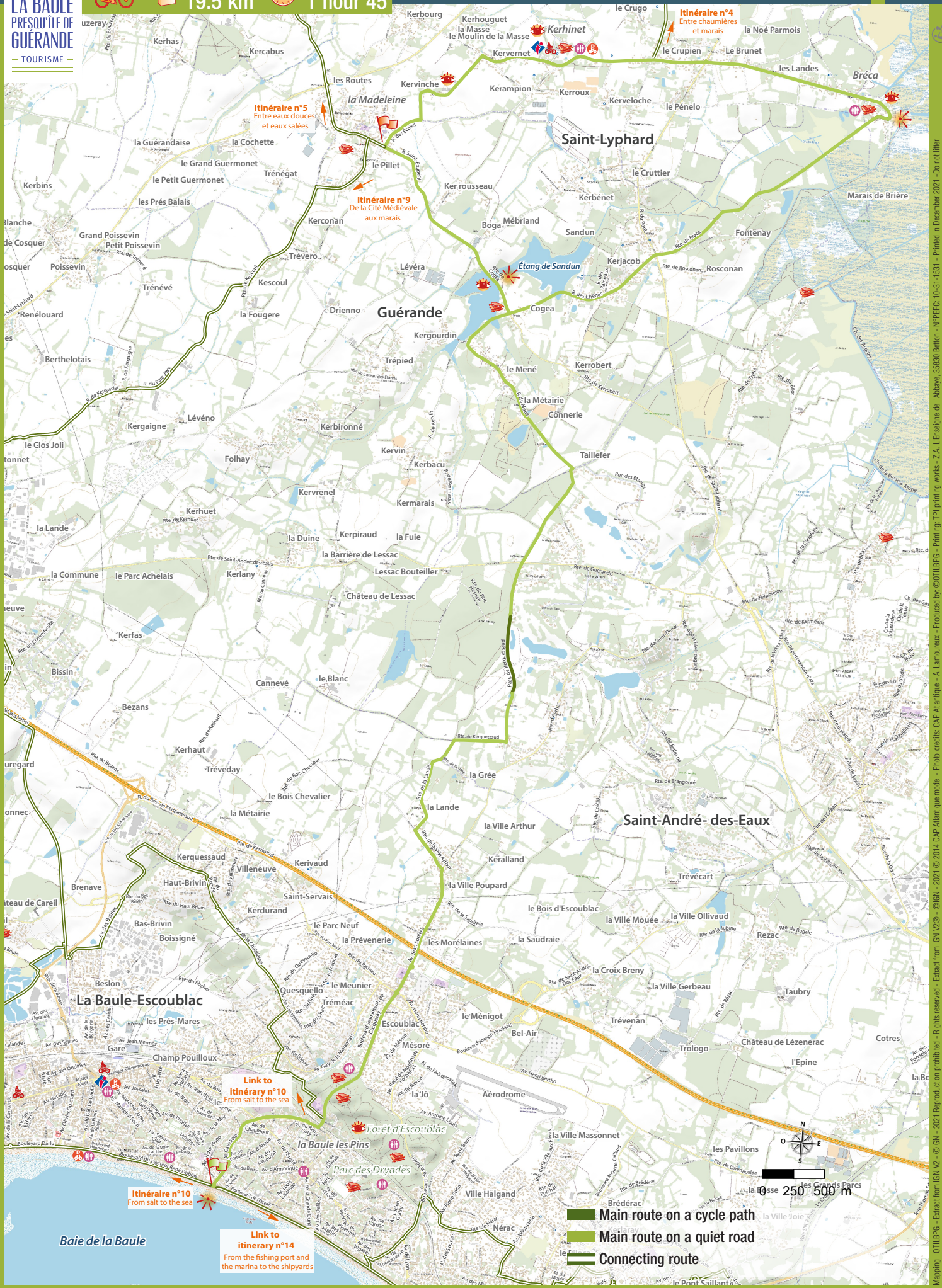
LA BAULE
PRESQU'ÎLE DE
GUÉRENDE
TOURISME



19.5 km



1 hour 45



Itinéraire n°5
Entre eaux douces
et eaux salées

Itinéraire n°9
De la Cité Médiévale
aux marais

Itinéraire n°4
Entre chaumières
et marais

Link to
itinéraire n°10
From salt to the sea

Link to
itinéraire n°14
From the fishing port and
the marina to the shipyards

- Main route on a cycle path
- Main route on a quiet road
- Connecting route