



THE WILD COAST Le Pouliguen



9.5 km  2 hours 30

— Section dependent on the tides



Le Pouliguen Tourist Office

Access

follow signs for the Tourist Office



Le Pouliguen Tourist Information Office

Port Sterwitz +33 (0)2 40 24 34 44



THE GRANDE CÔTE

A protected site, the Grande Côte, also known as the wild coast, stretches from the Pointe de Penchâteau, in Le Pouliguen, to the Pointe du Croisic.

This coastline is a succession of granite cliffs and rocky clusters swept by the waves of the Atlantic, dotted with creeks here and there. In addition, between the Pointe de Penchâteau and the Baie du Scall, no less than 23 caves are accessible at low tide.

Quite short vegetation grows up on the top of the cliffs. It is adapted to the harsh climatic conditions, but particularly sensitive to trampling. From the coast, you can observe a host of seabirds such as Brent Geese, Sandwich Terns and penguins that have come to spend the winter here.

Following in the footsteps of 19th-century sea-bathing enthusiasts, take advantage of a deep breath of invigorating, sea air. This trail is both urban and coastal, and offers a remarkable panoramic view of the bay of La Baule and the ocean, from the Grande Côte, also known as the 'wild coast'. Take a stroll along the quays and the promenade, which was developed in 1808, before continuing along the coastal path. On your way, observe the villas. The architecture of these villas is totally different from the local style, and they bear witness to the beginnings of seaside tourism in Le Pouliguen.



With your back to the Tourist Office, turn right and follow the quay and the Promenade du Port to the sea. Then go along the beach of Le Nau.



1 There are two options depending on the tide:

- At low tide: go along the coast and take the steps after the Toullain sailing school, then the Chemin de la Roche aux Mouettes. Cross the road and go along the Chemin du Roy, at the crossroads, go left towards the Grande Côte.

- At high tide: take the steps after the Nau beach, then the Sainte-Anne passage. On your left, you will see the St-Julien - Ste-Anne chapel (15th century). Cross the road to take the Rue de la Chapelle opposite. Avenue de Pierre Plate, turn right then at the crossroads, take the Chemin de Kerantrou opposite that veers slightly to the right. Take the 1st left. At the end of the path, turn right and then immediately left. At the end of the road, turn right onto Rue du Dr Sourdin and then left at the roundabout onto Chemin du Roy. At the crossroads, go right towards the Grande Côte.



2 When facing the sea, turn right and go along the coastal path. Take a detour to the Pointe de Penchâteau to enjoy the viewpoint and the informative panel about birds. Please stay on the trail, because if your two feet don't damage the vegetation, consider the 20,000 others that will follow! In the Baie du Scall, turn right onto Avenue Moreau, then left onto Chemin de la Fontaine and at the end, go right onto Rue de Codan. Continue along this street, take care when crossing the Boulevard de l'Atlantique, then walk past the cemetery and turn right. After the Place des Puits, turn left onto Avenue de Kerhaut and then at the roundabout turn left onto Chemin de Pelluë.



3 At the end of the road, turn left onto Avenue de Kerdun, then after the campsite, turn left onto Rue Pierre et André Claisse. Then continue along Rue Maxime Audouin.



4 At the end of the street, go into Pouliguen woods, at the intersection, turn left on Allée Vuillot. Leave the woods and go along the Rue du Bois opposite until you reach the church.



5 At the church, turn right onto Rue du Centre towards the market. Go around the market hall to take Rue du Lieutenant Leubert and then turn right onto Rue Jean Bart. Back at the quayside, go left to return to the departure point.



TO SEE ON THE WAY...

- the port and seaside architecture
- the wild coast and the Pointe de Penchâteau
- seabirds





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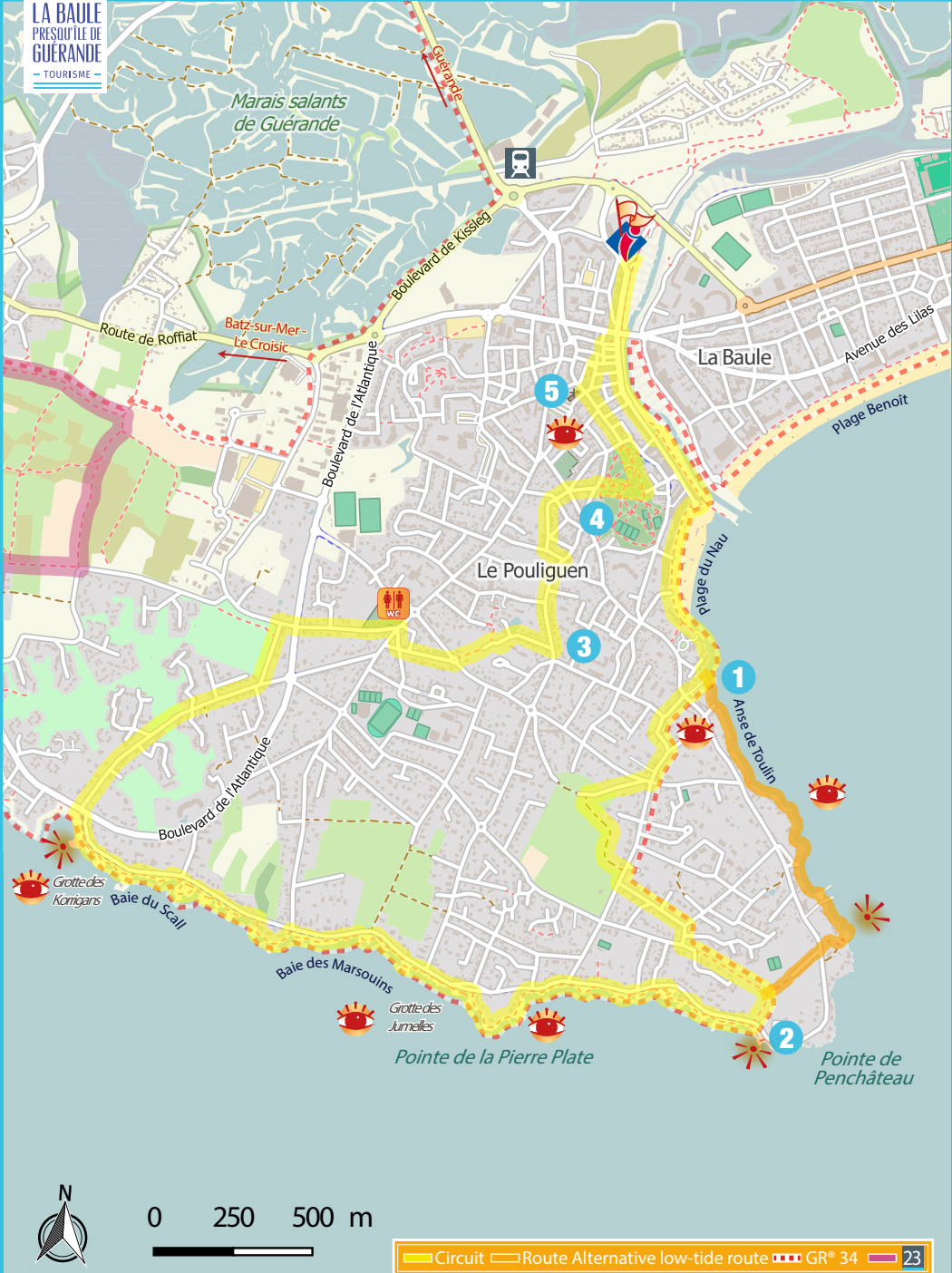


9.5 km



2 hours 30

LA BAULE
PRESQU'ÎLE DE
GUÉRENDE
TOURISME



0 250 500 m



Circuit
 Route Alternative low-tide route
 GR° 34
 23